Active ingredients per pastille:
- Eucalyptus Oil .......... 19.7mg
- Peppermint Oil .......... 19.0mg
- Levomenthol ............ 1.7mg
- Juniper Oil ............. 1.14mg
- Methyl Salicylate ....... 0.8mg
- Clove Oil ............... 0.03mg

Other ingredients:
- Modified Starch, Sucrose, Glucose, Sodium Copper Chlorophyllin (E141).

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

For symptomatic relief of colds, coughs, catarrh, sore throats and flu, catarrhal headache and nasal congestion.

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Manufactured by
Ernest Jackson & Co. Ltd., Crediton, Devon, EX17 3AP, UK, for the Marketing Authorisation holder
G. R. Lane Health Products Ltd., Sisson Road, Gloucester, GL2 0GR, UK, to whom any letters should be addressed.

What you need to know before you take Olbas Pastilles
Do not take if you are allergic to any of the ingredients.

What you need to know before you take Olbas Pastilles
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines including medicines obtained without a prescription.

Pregnancy and breast-feeding
It is best not to take any non-essential medication when pregnant or breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Important information about some of the ingredients of Olbas Pastilles
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. This product contains 677mg of sucrose per pastille. This should be taken into account in people with diabetes mellitus.

How to take Olbas Pastilles

Adults and children aged 16 and over: Dissolve 1 pastille slowly in the mouth when required. Do not take more than 8 pastilles in any 24 hour period. Not recommended for children under 16 years old. You must contact a doctor if symptoms worsen or do not improve after 7 days.

If you take more Olbas Pastilles than you should, talk to a doctor or pharmacist immediately.

Possible side effects
Like all medicines, Olbas Pastilles can cause side effects, although not everybody gets them. Tell your doctor if you notice any of the following mild side effects: heartburn, wheezing, worsening of asthma or shortness of breath. If any of the side effects become serious, or if you notice any side effect not listed on this carton, please tell your doctor or pharmacist.

How to store Olbas Pastilles
Keep out of the sight and reach of children.
Do not use Olbas Pastilles after the expiry date which is stated on the carton.
Do not store above 25°C.
Do not use if sealed inner pouch is cut or torn.